



sarac

Sexual Abuse and Rape Advice Centre
Burton & District

www.sarac.org.uk

CHIEF EXECUTIVE RECRUITMENT INFORMATION 2026



Thank you for your interest in the Chief Executive Officer role at SARAC.

This information pack has been designed to provide prospective applicants with an overview of the organisation, its purpose, values, services, and future ambitions. It offers a brief introduction to SARAC, highlighting our commitment to supporting adults, children and young people affected by sexual violence and abuse, and the vital work we undertake across East Staffordshire and the surrounding areas.

Within this pack you will find a current organisational chart, providing an overview of our governance and staffing structure, together with our Impact Report for the year ending March 2026.

We hope these documents will help you gain a clear understanding of SARAC's work, culture and aspirations, and the important role the Chief Executive will play in leading the organisation into its next chapter.

David Martin
David Martin
Chair of Trustees



sarac

Sexual Abuse and Rape Advice Centre
Burton & District

www.sarac.org.uk

[Job Description - link](#)



sarac

Sexual Abuse and Rape Advice Centre
Burton & District

www.sarac.org.uk

ABOUT US ...

Please remember...

This topic can
be difficult to
talk or read
about

You are welcome
to ask questions
privately after
reading the
applicant pack

TRIGGER WARNING

We recognise that these topics can be difficult to discuss or read about

You may experience **heightened emotions** during or after reading the applicant pack, please be **patient** with yourself and put in elements of **self-care** wherever possible.

If you have questions you would like to ask **privately** you are welcome to email Caroline directly at: **carolinef@sarac.org.uk**

Who are we?

An established charity, who have been supporting victims and survivors of sexual abuse and sexual violence, since 1994.

For over 30 years, we've provided a **specialised service** that has supported individuals (from all backgrounds) **specifically with trauma** that has resulted **from sexual abuse**.

We work in **partnership** with our clients to expand their **choices**, **facilitate recovery** and **encourage personal growth**, recognising their **personal worth** and **individuality**.

Core of SARAC

Our specialist support is for all people who are 11 years of age or older who have been affected by rape, sexual abuse and/or sexual exploitation.

We provide:

- Ongoing emotional support and stabilisation through our SARAC helpline
- Counselling services for adult clients
- Emotional support and counselling services for young people over the age of 11 years old
- Secondary survivor support

- Education and awareness training within the community and in schools
- Parenting support programme
- Training Academy
- EDI Project within the local communities

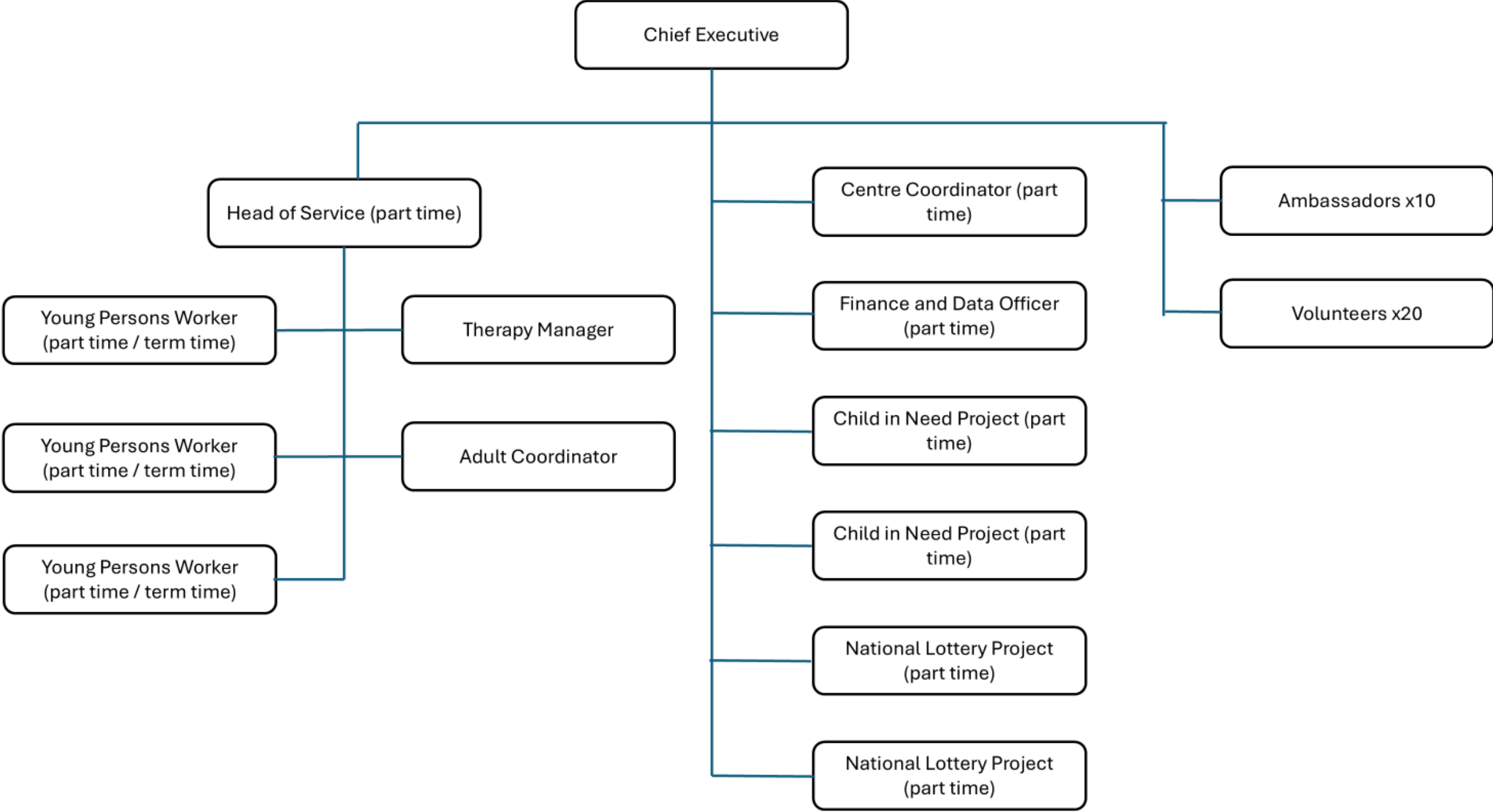
OUR VISION

To live in a world free of sexual violence

OUR MISSION

To provide trauma-informed support & education to all people affected by sexual violence in Burton & District

Organisation Chart





www.sarac.org.uk

sarac

IMPACT REPORT 2025-2026

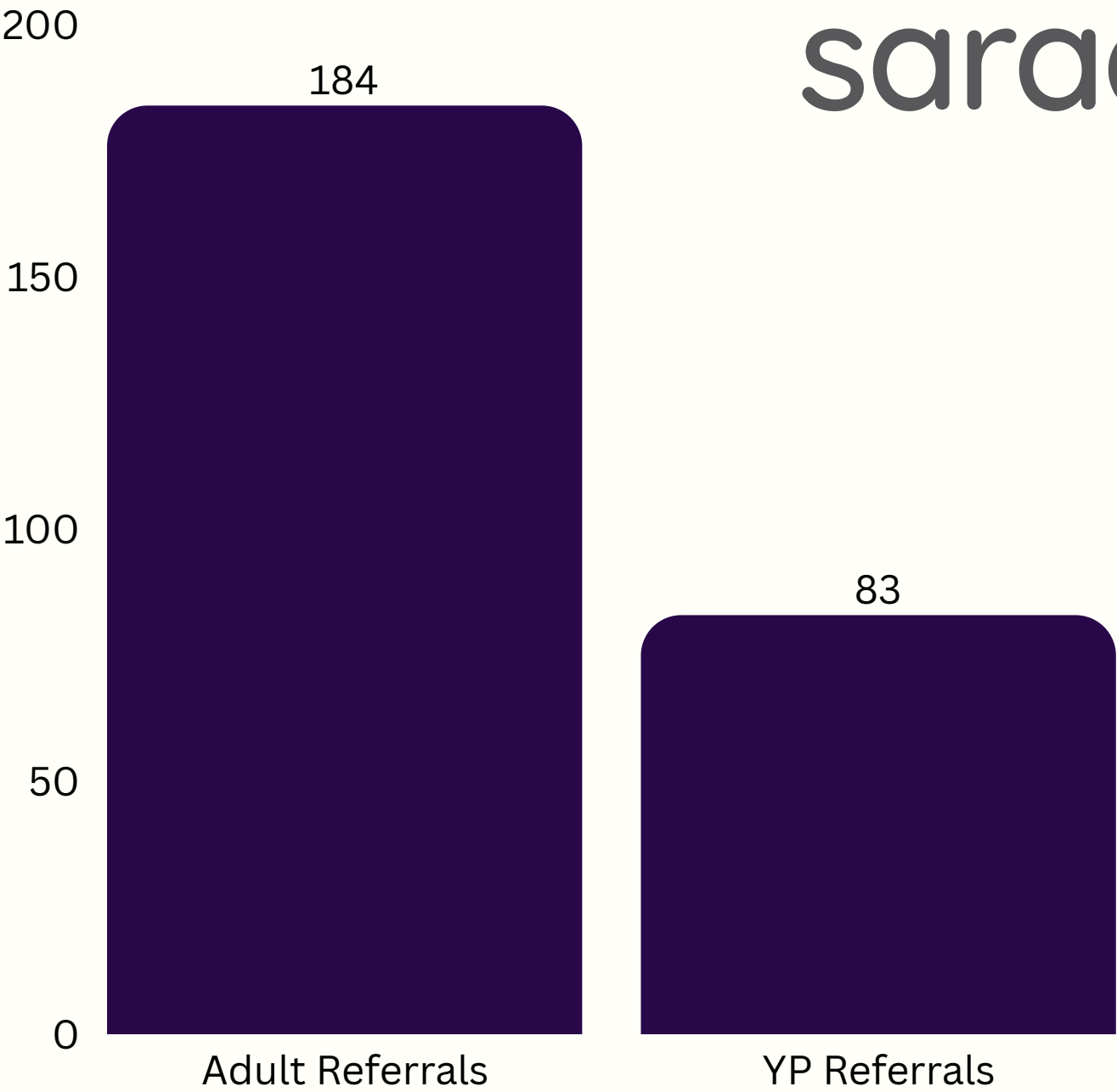
Sexual Abuse and Rape Advice Centre
Burton & District



Referrals

In year ending March 2026 SARAC received 184 Adult Service Referrals & 83 Young Persons’ Service referrals.

Referrals are received from a range of sources including self referrals, mental health professionals, GPs and education settings.



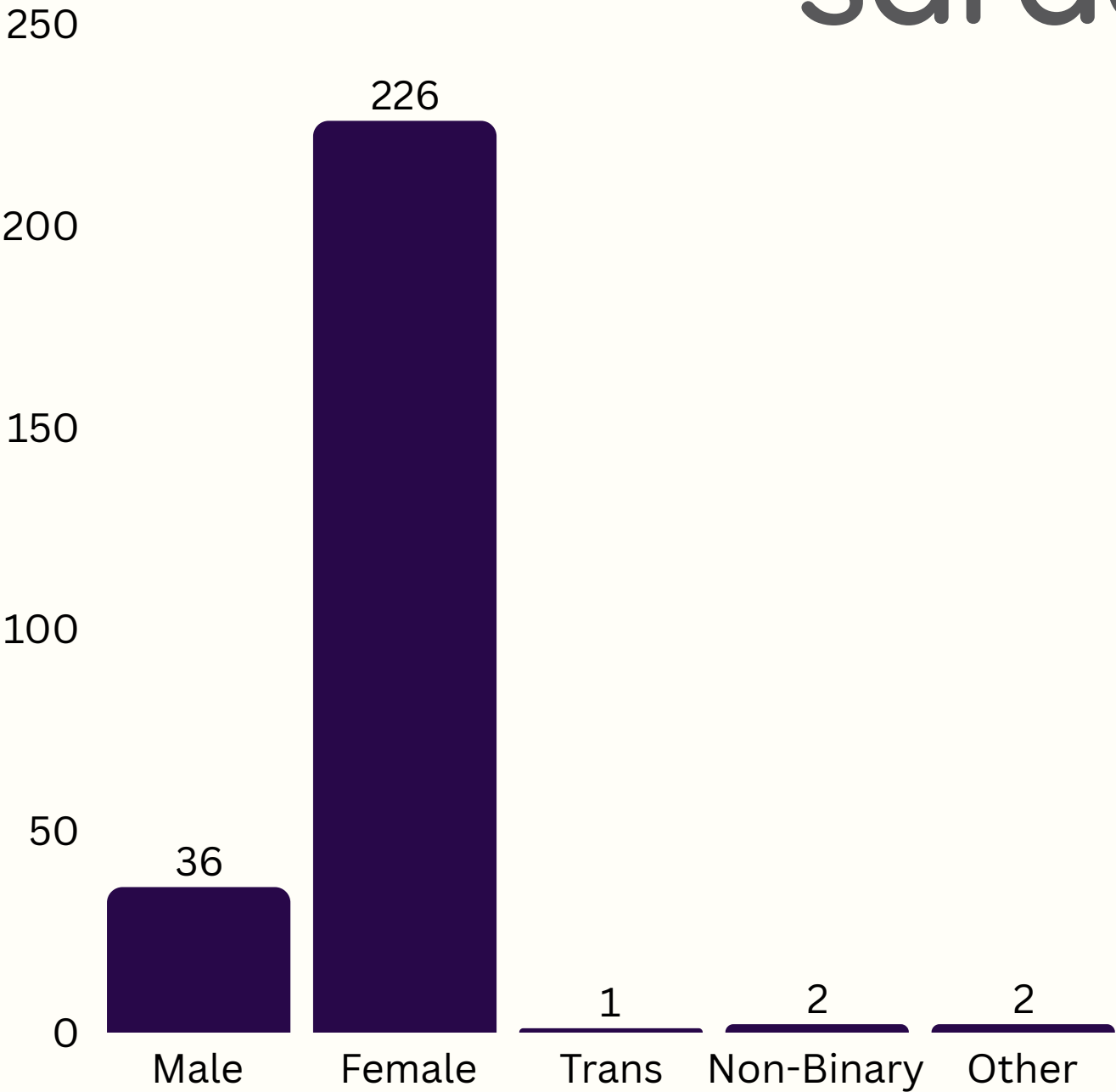
New Referrals April 2025 - March 2026



Service Users

In the year ending March 2026, SARAC predominantly supported female service users.

The information we collect is guided by the service user. We recognise that some individuals may choose not to disclose a gender identity that differs from the one assigned at birth, and as an organisation, we fully respect and support this decision.



New Referrals April 2025 - March 2026



Support for Survivors

In the year ending March 2026, SARAC provided support to a record number of service users through emotional support, counselling, and community outreach initiatives.

444

Adults supported



198

Young people supported



1,307

Hours of counselling support



462

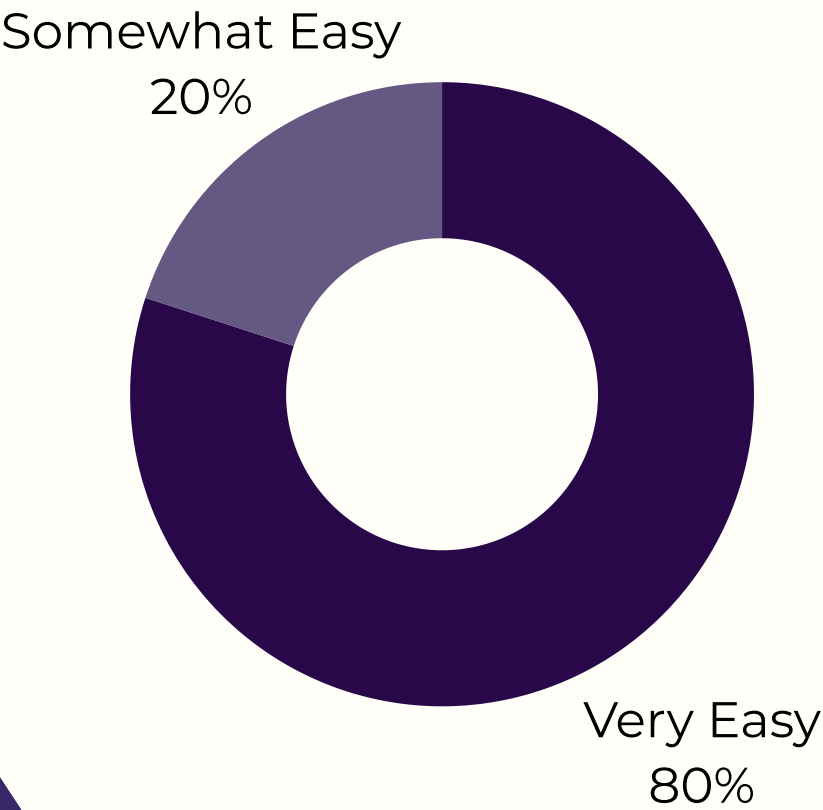
Hours of helpline support





Service User Feedback

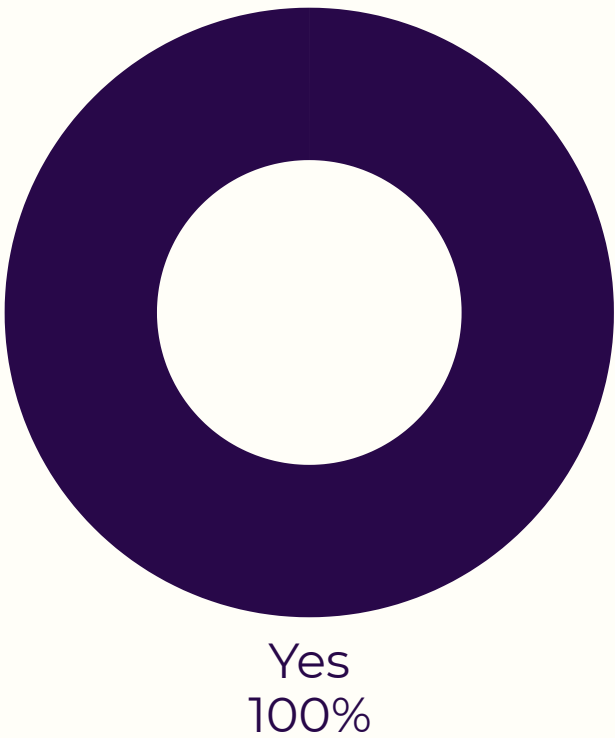
How accessible
did you find the
service?



Would You
Recommend
SARAC?

100%
Yes

Did you feel safe
and secure within
your support?



I felt able
to trust my
Counsellor





Service User Feedback

- Sinead was a compassionate, understanding , empathetic counsellor who supported me every step of the way. She helped me significantly improve my mental health and face the challenges I have dealt with in a healthier productive manner. I'm so grateful for Sinead and her support.
- The care and support I received from SARAC was excellent.
- I would like to thank Suzie for being very helpful for me coming to terms with my trauma, and listening to me and making me feel comfortable during our sessions.
- My counsellor was brilliant at supporting me on my healing journey, not only did she give me the tools I needed to maintain good mental health, we discussed the science side which helped me understand my disorder. I was able to open up and felt at ease in the environment provided by SARAC. Thank you so much.

Key Achievements & Events

Spreading the word of SARAC

In April 2025, Caroline Fotheringham and Leela Joyce travelled to Ghana with African Adventures to support the delivery of **Building Brighter Futures**, providing education to remote communities on consent, autonomy, and sexual violence.

We recognise the importance of working in an intersectional way, ensuring there are no barriers to accessing and delivering education.



Key Achievements & Events

Reaching Communities

Our Reaching Communities work continued through to September 2025, with the team building meaningful connections across communities in Burton and the surrounding district.

We attended a range of community events, including **Burton Pride**, **Burton Caribbean Carnival**, and **RecoverFest** in Uttoxeter, as well as many others. These opportunities enabled us to raise awareness of the local impact of sexual violence and to signpost individuals to our services for support.

In addition, we have developed an evidence-based intervention that has been recognised by funders.



Key Achievements & Events

Staffing changes

In May 2025, **Catherine Miles** stepped down from SARAC after four years as Chief Executive Officer.

In addition, November and December brought a restructure of the staffing team, resulting in the departure of several valued members of the SARAC team.

We have been fortunate to work alongside such an exceptional group of colleagues over the years. While this period of change has been significant, we remain deeply grateful for the energy, dedication, and commitment they have contributed throughout their time with us.



Key Achievements & Events

Mens Mental Health

July 2024 marked the launch of our **Men's Mental Health Support Group**, delivered in partnership with YMCA Burton and BAC O'Connor Addiction Support.

We are pleased to share that the group continues to run successfully, providing a safe and supportive environment for many local men, and is now also delivered in partnership with Burton Albion Community Trust.

The sessions are free of charge and take place weekly at Burton Fire Station.

Men's Mental Health Group

In association with YMCA, BAC O'Connor, and BACT



Wednesday Evenings 6-8pm

Burton Community Fire State - Moor Street, DE14 3SU



Key Achievements & Events

Taking to the skies!

A number of our staff, volunteers, and ambassadors made the remarkable decision to take part in a skydive to raise funds for our service.

It was an unforgettable day, met with a wide range of reactions. We are extremely grateful for the enthusiasm, courage, and commitment shown by everyone involved.

We managed to raise over **£4,000** with all the fundraising from our brave team.



Key Achievements & Events

Recognising the team

Despite the challenges faced over the past year, we were delighted to be nominated for **Best Customer Service** at the **East Staffordshire and South Derbyshire Business Awards**.

It was a wonderful evening for members of the team, made even more special by **winning** the award.

This recognition reflects the high standard of care provided by our staff and volunteers, who consistently deliver a thoughtful and supportive approach - from initial contact, through welcoming individuals into the centre, to the conclusion of their support journey.



Key Achievements & Events

Bringing services together

In March 2026, we collaborated with **Staffordshire Women's Aid** and **Pathway Project** to host a wellbeing event for support staff.

The event was a great success, featuring guest speakers including Jess Phillips MP, practical workshops focused on managing wellbeing, and inspiring discussions throughout the day.





Major Supporters

Thank You

We would not be where we are today without the continued support of local businesses, charities, and entrepreneurs.

Our team, alongside the individuals we support, are deeply grateful for the services we are able to provide; made possible by those who champion our vision, contribute generously, and help to raise awareness of SARAC's work.

We would like to extend particular thanks to:

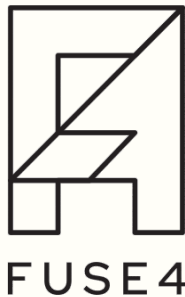
- **Burton & District Chamber of Commerce**
- **Madam Mayor Kim Smith**
- **Elaine Pritchard**
- **Burton Radio**
- **Serrano Media**
- **Jacob Collier MP**
- **Make It Happen**





Partnership Working

Thank you to our many partnership companies and organisations in your continued support of our work.





How to apply...

The Chief Executive Job description & Specification are available on our website - **www.sarac.org.uk** - **Get involved - Vacancies**

We would encourage a visit to our centre, to organise this please email **staff@sarac.org.uk**

All completed applications please email **recruitment@sarac.org.uk**